

Mentors for Self Determination



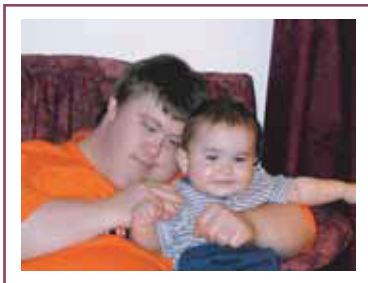
together we can



hold the commitment and belief that all people should have the freedom to lead self-determined lives



establish a wide network of families and individual mentors across the many towns and communities in Pennsylvania



keep families and individuals informed of current issues through training, mentoring, our website www.mentors4sd.org; newsletter *The Mentor Memo*; and our email group <http://groups.yahoo.com/group/m4sd>.

training

As one of the partners of The Pennsylvania Training Partnership for People with Disabilities and Families, we provide training in the Central Region of Pennsylvania on a variety of important topics vital to understanding current issues in the Pennsylvania Mental Retardation System.

mentoring

We offer state-wide personal mentoring sessions called "Family Connections," where mentors share life experiences while promoting self determination and understanding of the system, encouraging self advocates and families to network with each other as well as with other agencies and resources in their counties. For more information about training and mentoring, access our website at www.mentors4sd.org.

"working to form partnerships between people with disabilities, their families and support systems"